



## **Position:** Mental Health Therapist

**Purpose:** To provide a full continuum of care to youth being served by Jackson Street--who are identified as runaway, homeless, and those at risk of being runaway and homeless; focusing on mental health stability, well-being, and community awareness.

**Qualifications:** Master's degree in counseling, social work, or related field. Within 6 months of hire, must be certified as a Qualified Mental Health Professional and have a documented licensure plan approved by appropriate licensing board or be an active LCSW, LMFT, or LPC. Have a minimum of one year experience working in direct care with youth with mental health issues and their families. Must be able to pass a criminal history check and have a valid Oregon driver's license, have an acceptable driving record, and maintain auto insurance. Must obtain knowledge of adolescent developmental issues, evidence based practices and alternative approaches to address objectives, mental health treatment issues, including DSM-V diagnostic criteria, individual and group counseling and therapy techniques, caseload management, and crisis assessment and intervention techniques. Must maintain an ability to work effectively both independently and as a member of an integrated team, related effectively with youth, guardians, community, and referral sources, to work in a stressful--unstructured environment, and maintain a positive mental attitude, demonstrate cultural sensitivity and ability to work with people from diverse cultural backgrounds, maintain confidentiality, engage in respectful and collaborative problem solving, and present with professional appearance appropriate to the position. Must have a commitment to Jackson Street Youth Services' mission and values. ***An applicant that is bi-lingual/bi-cultural, licensed in State of Oregon, and/or an applicant certified in DBT/CBT and anger management is preferred.***

### **Specific Duties:**

#### *Direct Care-*

- Model good communication skills
- Provide consistent mental health services to in-care youth, ages 10-24. Can include; individual therapy, family therapy, group therapy, case management, and consultation to referred clients
- Provide crisis intervention supports, as needed

- Conduct diagnostic assessments to determine and develop treatment plans based on identified needs
- Effectively evaluate client progress and make adjustments to treatment as needed
- Assist program staff in implementing and following treatment plan
- Conduct mediation with non-referred clients in care of Jackson Street
- Assist with program staff training and education and implementation of treatment plans

*Community Based-*

- Represent Jackson Street interests to community professionals and may independently act as a liaison or consultant between the program and other agencies
- Consult with teachers, guardians, probation/parole officers, and other community professionals as appropriate
- Attend required and scheduled meetings (Youth Mental Health Coalition, Child and Family Coordinated Care, etc.)
- Implement support groups (One Circle, ARG, KARE, DBT, CBT, CPS) in school, drop-in, shelter, and housing settings

*Administrative-*

- Maintain records in accordance with Jackson Street and contracted billing standards
- Write concise and complete treatment plans and progress records in a timely manner
- Assist with billing documentation and requirements
- Participate in training and professional development activities to meet credentialing and program expectations
- Attend required and scheduled meetings
- Meet with program and clinical supervisor(s) as directed

**Mental Health Therapist reports directly to the Program Director  
Clinical Supervision provided by contracted sources if necessary**